

**Living Waters
Retreat Center
In Maggie Valley**

Call 828-926-3833 for
more information or
to register!



Weekend SILENT RETREATS

Spend a peaceful weekend
with our Lord
in silence, contemplation,
and prayer at the
Spiritual Exercises of
St. Ignatius of Loyola

**For Women
April 23 - 25, 2021**

Living Waters Catholic Reflection Center
Maggie Valley, NC

To register online visit mileschristi.org/spiritual-exercises
or contact northcarolina@spiritualexercises.net



For more retreat locations & dates
call 248-596-9677 or visit mileschristi.org/spiritual-exercises

Centro de retiro Living Waters En Maggie Valley

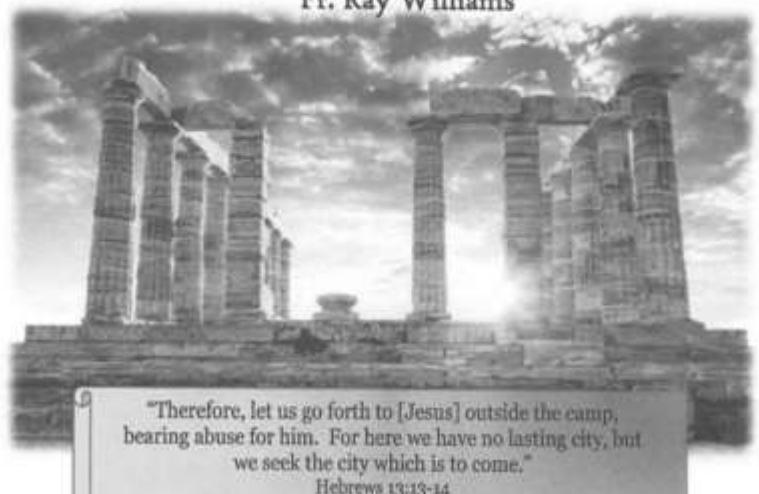
Consulte las oportunidades de retiro a
fines de abril y en junio. No querrás
perderte. ¡Regístrate hoy!

¡Llame al 828-926-3833 para obtener
más información o para registrarse!

Check out the retreat opportunities
at the end of April and in June.
You do not want to miss them.
Sign up today!

"No Lasting City..."

Presented by
Fr. Ray Williams



"Therefore, let us go forth to [Jesus] outside the camp,
bearing abuse for him. For here we have no lasting city, but
we seek the city which is to come."
Hebrews 13:13-14

Coming to LIVING WATERS CATHOLIC REFLECTION CENTER on
June 11-13th 2021

*Join us for a full weekend of Prayer; Presentations; open discussions and time
for SPIRITUAL REFLECTION – 2 nights/3days – lodging and meals \$200.00
Contact us at: 828-926-3833 or register online at: www.catholicretreat.org*

Fr. Ray Williams is from Alabama and an adult convert to the Catholic faith. After a few years in the Church, Fr. Ray discerned a calling to the priesthood. He studied at the North American College in the Vatican City and attended the University of St. Thomas Aquinas [Angelicum] before returning to the Diocese of Charlotte as a parish priest.

He is known to many in western North Carolina as pastor, confessor and visiting priest. He was chaplain to the Western Carolina University Campus Ministry for years and led hikes through the Smoky Mountains and took the opportunity to challenge young men and women to lead meaningful lives and to question the assumptions of modern values in favor of something more enduring and ultimately eternal.

Respect Life Committee: Month of April: Domestic Violence

You're not alone. There is help. It's not your fault. There is hope.

Domestic Violence comes in many forms. It can be physical (beating, hitting, biting for example) verbal (insults, put downs, breaking someone's self-confidence), or sexual (rape, abuse). No form of violence is acceptable. Many victims feel they have no choice. They've been conditioned by the abuser this is 'normal' and they are not 'worthy' of anything else. Nothing could be farther from the truth. God created us all in His image, and likeness, which makes each and every one of us worthy. Worthy to live a life free of fear of when a partner comes home, and what 'kind of mood will walk through the door'.

24 people **every minute** are victims of sexual, or physical violence.

1 in 3 women, and 1 in 4 men have experienced some form of physical abuse by an intimate partner.

Intimate partner violence accounts for 15% of all violent crime.

19% of domestic violence involves a weapon.

43% of dating college women report experience some violent and abusive dating.

These statistics are nothing short of frightening. It's time to say NO MORE. We are all God's children and deserve the respect and freedom to life God granted us. If you or someone you know is a victim of domestic violence of any kind, understand it is not their (or your) fault. This individual is the victim. Get help – get out. Contact one of the resources listed below in Jackson County for professional assistance. It's time to live life God intended.

REACH of Jackson County (also serving Macon County) 24/7 hot line 828-586-8969

Center for Domestic PEACE 828-586-1237 Services available in English & Spanish

Swain/Qualla SAFE Domestic Violence Services 828-488-6809

God of endless love, ever caring, ever strong, always present, always just You gave Your only Son to save us by the blood of His Cross. Gentle Jesus, shepherd of peace, join to Your own suffering the pain of all who have been hurt in body, mind, and spirit by those who betrayed the trust placed in them.

Hear the cries of our brothers and sisters who have been gravely harmed and the cries of those who love them.

Soothe their restless hearts with hope, steady their shaken spirits with faith. Grant them justice for their cause, enlightened by Your truth. Holy Spirit, comforter of hearts, heal your people's wounds and transform brokenness into wholeness.

Grant us the courage and wisdom, humility, and grace, to act with justice. Breathe wisdom into our prayers and labors. Grant that all harmed by abuse may find peace in justice.

We ask this through Christ our Lord. Amen.

Stats taken from NCADV.org and eNOghnc.org
Prayer from USCCB.org

Comité de Respeto a la Vida: Mes de abril: Violencia doméstica

No estás solo. Hay ayuda. No es tu culpa. Hay esperanza.

La violencia doméstica se presenta de muchas formas. Puede ser físico (golpear, pegar, morder, por ejemplo) verbal (insultos, humillaciones, quebrantar la confianza de alguien en sí mismo) o sexual (violación, abuso). Ninguna forma de violencia es aceptable. Muchas víctimas sienten que no tienen otra opción. Han sido condicionados por el abusador, esto es "normal" y no son "dignos" de nada más. Nada podría estar más lejos de la verdad. Dios nos creó a todos a su imagen y semejanza, lo que nos hace dignos de todos y cada uno de nosotros. Es digno de vivir una vida libre de miedo a cuando una pareja llega a casa y qué "tipo de estado de ánimo entrará por la puerta".

24 personas por minuto son víctimas de violencia sexual o física.

1 de cada 3 mujeres y 1 de cada 4 hombres han sufrido algún tipo de abuso físico por parte de una pareja íntima.

La violencia de pareja íntima representa el 15% de todos los delitos violentos.

El 19% de la violencia doméstica involucra un arma.

El 43% de las mujeres universitarias que salen con mujeres informan haber experimentado citas violentas y abusivas.

Estas estadísticas son poco menos que aterradoras. Es hora de decir NO MÁS. Todos somos hijos de Dios y merecemos el respeto y la libertad de vida que Dios nos concedió. Si usted o alguien que conoce es víctima de violencia doméstica de cualquier tipo, comprenda que no es su (o su) culpa. Este individuo es la víctima.

Obtenga ayuda, salga. Comuníquese con uno de los recursos enumerados a continuación en el condado de Jackson para obtener asistencia profesional. Es hora de vivir la vida que Dios quiso.

REACH del condado de Jackson (también presta servicios en el condado de Macon) Línea directa 24 horas al día, 7 días a la semana 828-586-8969

Center for Domestic PEACE 828-586-1237 Servicios disponibles en inglés y español

Swain / Qualla SAFE Servicios de violencia doméstica 828-488-6809

Dios de amor sin fin, siempre atento, siempre fuerte, siempre presente, siempre justo, Tú diste a Tu único Hijo para salvarnos por la sangre de Su Cruz. Dulce Jesús, pastor de la paz, une a tu propio sufrimiento el dolor de todos los que han sido heridos en cuerpo, mente y espíritu por aquellos que traicionaron la confianza depositada en ellos.

Estadísticas tomadas de NCADV.org y eNOghnc.org y Prayer de USCCB.org